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Cleveland Way
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A request

The authors and publisher have tried to ensure that this guide is as accurate and up to date as possible. However, things change even on these well-worn routes. If you notice any changes or omissions that should be included in the next edition of this guide, please email or write to Trailblazer (address above). You can also contact us via the Trailblazer website (www.trailblazer-guides.com). Those persons making a significant contribution will be rewarded with a free copy of the next edition.

Warning – hill walking can be dangerous

Please read the notes on when to go (pp14-16) and health & safety (pp72-4). Every effort has been made by the author and publisher to ensure that the information contained herein is as accurate and up to date as possible. However, they are unable to accept responsibility for any inconvenience, loss or injury sustained by anyone as a result of the advice and information given in this guide.

Updated information will shortly be available on: www.trailblazer-guides.com

Photos – Front cover and this page: It's not just walkers who love the Cleveland Hills! Here a paraglider rides the currents above Alex Falconer Seat, near the Lordstones Café.

Previous page: 'Pawing' on the cliffs to admire the view between Staithes and Port Mulgrave. **Overleaf:** The beach north of Skinningrove, below Cattersty Cliffs, is vast and often empty.

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Cleveland Way

PLANNING – PLACES TO STAY – PLACES TO EAT

**48 large-scale walking maps and guides to
27 towns and villages**

NORTH YORK MOORS – HELMSLEY TO FILEY

HENRY STEDMAN

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ABOUT THIS BOOK

This guidebook contains all the information you need. The hard work has been done for you so you can plan your trip without having to consult numerous websites and other books and maps. When you're all packed and ready to go, there's comprehensive public transport information to get you to and from the trail and detailed maps (1:20,000) to help you find your way along it. The guide includes:

- All standards of accommodation with reviews of campsites, bunkhouses, hostels, B&Bs, guesthouses and hotels
- Walking companies if you want an organised or self-guided tour and baggage-carrying services if you just want your luggage carried
- Itineraries for all levels of walkers
- Answers to all your questions: when to go, degree of difficulty, what to pack, and the approximate cost of the whole walking holiday
- Walking times in both directions
- Cafés, pubs, takeaways, restaurants and shops for supplies
- Rail, bus and taxi information for all villages and towns along the path
- Street maps of the 10 main towns and villages on or near the path
- Historical, cultural and geographical background information
- GPS waypoints

☐ MINIMUM IMPACT FOR MAXIMUM INSIGHT

Man has suffered in his separation from the soil and from other living creatures ... and as yet he must still, for security, look long at some portion of the earth as it was before he tampered with it.

Gavin Maxwell, *Ring of Bright Water*, 1960

Why is walking in wild and solitary places so satisfying? Partly it is the sheer physical pleasure: sometimes pitting one's strength against the elements and the lie of the land. The beauty and wonder of the natural world and the fresh air restore our sense of proportion and the stresses and strains of everyday life slip away. Whatever the character of the countryside, walking in it benefits us mentally and physically, inducing a sense of well-being, an enrichment of life and an enhanced awareness of what lies around us.

All this the countryside gives us and the least we can do is to safeguard it by supporting rural economies, local businesses, and low-impact methods of farming and land-management, and by using environmentally sensitive forms of transport – walking being pre-eminent.

In this book there is a detailed chapter on the wildlife and conservation of the region and a chapter on minimum-impact walking, with ideas on how to tread lightly in this fragile environment; by following its principles we can help to preserve our natural heritage for future generations.

INTRODUCTION

To those who've never walked the Cleveland Way before, it might seem slightly strange to discover that this was one of the first long-distance paths to be designated a 'National Trail', having been bestowed that honour way back in 1969. Only the massive Pennine Way that strides confidently through the very centre of Britain is older, having been designated a National Trail four years previously.

How curious, you may think, that those good people at the National Trail office should follow up the mighty Pennine Way with what is, by comparison, a rather diminutive, horseshoe-shaped path huddled around one small corner of England. At **107.4 miles (172.9km)**, its length is less than half that of the Pennine Way (268 miles/431km). What's more, the Cleveland

The Cleveland Way was the second path in the country to be designated a National Trail

Way is confined solely to one country, England, and indeed one *county*, Yorkshire, whereas the Pennine Way crosses Derbyshire, Yorkshire and Northumberland before breaching the border into Scotland; it also climbs to only 454m (1489ft) above sea level at its highest point at Urra Moor, as opposed to 893m at Cross Fell on the Pennine Way; focuses on only one National Park, the North Yorkshire Moors, where the Pennine Way visits *four*; and even today is visited by only ten thousand people per year – as opposed to the



Above: The picture-perfect village of Staithes (see p131) rises up the cliffside from the little port.

Pennine Way's fifteen thousand-plus. Given all the above, you may find yourself wondering why anybody would choose to walk the Cleveland Way at all. Because if the Pennine Way is a path that follows the very backbone of England, the Cleveland Way could be seen, geographically speaking, as nothing more than a stroll around its armpit.

And then you take your first few steps on the path itself – and it all begins to make sense.

To paraphrase that old footballing cliché, this is a walk of two halves. The first section, from Helmsley to Saltburn, is 57 miles long and can be characterised by some breathtaking yomping through the windswept, heather-smoth-



12 How difficult is the path?

one would want to walk the Cleveland Way; instead, maybe, it's time we started asking the exact opposite: Why *wouldn't* you want to?

How difficult is the path?

We think that the Cleveland Way is, in comparison with other long-distance



The impressive ruins of Helmsley Castle are just a few hundred yards from the start of the trail.



Made it! Posing for photos on the commemorative bench at the end of the Cleveland Way

trails in England, of a fairly medium difficulty. There's no problem with route finding – the path, like all national trails, is well furnished with signposts and there's only one place, through the pine plantations on the way down to Slapewath, where the signage can be confusing and people do sometimes get lost. Nor is it particularly remote. Sure, there are a couple of lonely sections on the first half of the walk, but in general there are enough B&Bs, campsites and eateries along the way to ensure that you're never too far from civilisation (and help, should you need it). Nor, for that matter, is it particularly long: at 107.4 miles, it's the ninth longest of the fifteen national trails.

So the difficulty really lies only with the difficulty of the walking itself and how steep the gradients are. And yes, in places during the first half of the trail on the moors, such as the rollercoaster section between Osmotherley and Clay Bank Top, and Kildale and Slapewath, there are some particularly steep climbs that will leave you puffed-out and jelly-legged at the end – not to mention some equally steep descents too. And as for the second half of the walk, well coastal walking is usually a little bit arduous and the latter half of the Cleveland Way is no exception and includes one of the stiffest climbs on the whole walk,

from Skinningrove at sea level to the top of Boulby Cliff, 203m (666ft) above it. But overall those of an average fitness, with a reasonable level of determina-

See pp36-7 for some suggested itineraries covering different walking speeds

from Skinningrove at sea level to the top of Boulby Cliff, 203m (666ft) above it. But overall those of an average fitness, with a reasonable level of determina-

tion, stamina and luck, should finish the trail with little difficulty.

How long do you need?

Assuming you work, and this work takes place from a Monday to Friday, by taking a week off, and including in this vacation the weekends at either end (ie making nine days in total), you'll find that the Cleveland Way can be started and finished in one trip. This includes not only all the walking (assuming a reasonable 13-15 miles per day) but also a half-day or more to get to the trail at the start, and back home again at the end – with possibly enough time to take a break here and there on the trail too. Of course there's nothing to stop you going faster than this and finishing it all within seven days; but we think eight or nine days allows you more time to appreciate what you're seeing and than just an exhausting race to the finish.



Above: The famous Whalebone Arch on Whitby's West Cliff is actually the third set of bones to stand here, the first having been erected in 1853.

Below: The port at Whitby.



of daylight. This is when the path is at its busiest and the seaside resorts such as Scarborough can suffocate with sun-seekers. Fortunately, the trail itself remains fairly quiet, with most people preferring to sit on the beach and develop their melanomas than stroll around the nearby cliffs, so you'll soon leave the hordes behind.

Autumn

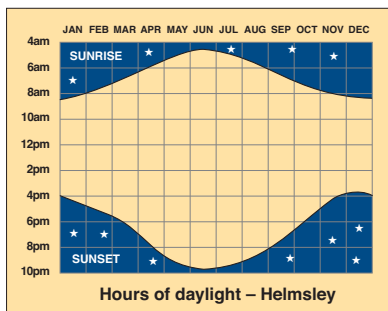
Many connoisseurs consider autumn, especially early autumn, the best time of year for walking. **September** and **October** can be lovely months to get out on the trail, especially when the leaves begin to turn. That said, although the air temperature usually remains relatively mild, October can see the first frosts, and rain is an ever-present threat. The days are also getting quite short now, and once daylight saving time ends at the end of October, night falls at about 5.30pm.

Winter

Only the very hardest of souls will attempt the Cleveland Way in winter. The days are shorter and you'll need to be at your destination by 4.30pm through November to March or risk walking in the dark. Cold weather, wind and driving rain are not the best recipe for a day's walking, although a crisp winter morning takes a lot of beating. Most campsites and some B&Bs and tearooms shut over winter, too, so if you are determined to walk at this time you need to plan carefully – because you really don't want to be sleeping rough on the moors in winter.

DAYLIGHT HOURS

When walking you should always keep half an eye on how much daylight you've got left. Less of an issue in the height of summer, of course: in mid to late June the sun rises at around 4.30am and doesn't set until after 9.40pm, plus you get almost an hour's twilight after that, which should give you plenty of time to do as much walking as your little legs can manage in one day. But in autumn, winter or early spring, it's a different story and it will, of course, not be possible to cover as many miles or to be out for as long as you would in the summer. The table (above) gives the sunrise and sunset times for the middle of each month at latitude 54.5° North, which runs through the North York Moors, giving a reasonably accurate picture for daylight along the Cleveland Way.



Colour photos (following pages)

- **Opposite – Top:** 'The Circle' by Richard Farrington, at the top of the climb out of Saltburn.
- **Bottom:** The *Repus* sculpture (see p124), right by the path on the seafront at Skinningrove.
- **Overleaf, clockwise from top:** 1. Taking a breather at the summit of Roseberry Topping. 2. View from the Alex Falconer Seat (see p102). 3. Saltburn Viaduct. 4. Ancient standing stone near Urra Moor. 5. Captain Cook Monument (see p112). 6. Stepping stones near Noodle Hill.

Baggage transfer and accommodation booking

● **Brigantes Walking Holidays** (☎ 01756-770402, 🌐 brigantesenglishwalks.com; North Yorkshire) run a family operated **baggage-transfer** service which support trails across the north of England. They charge from £8.50 to £18 per person (minimum two people, each with one bag of no more than 17kg), depending on your itinerary and the number of people in your party. For their self-guided walks see p30.

● **Sherpa Van** (baggage line ☎ 01748-826917, 🌐 sherpavan.com; North Yorkshire) is a national organisation that runs a service from April to mid

❑ Information for foreign visitors

● **Currency** The British pound (£) comes in notes of £50, £20, £10 and £5, and coins of £2 and £1. The pound is divided into 100 pence (usually referred to as 'p', pronounced 'pee') which come in silver coins of 50p, 20p 10p and 5p and copper coins of 2p and 1p.

● **Money** Up-to-date **exchange rates** can be found at 🌐 xe.com/currencyconverter and at some post offices, or at any bank or travel agent.

● **Business hours** Most **shops** and main **post offices** are open at least from Monday to Friday 9am-5pm and Saturday 9am-12.30pm. Many choose longer hours and some open on Sundays as well. However, some also close early one day a week, often Wednesday or Thursday. **Banks** are usually open 10am-4pm Monday to Friday.

Pub opening hours have become more flexible – up to 24 hours a day seven days a week – so each pub may have different times. However, most pubs on the Cleveland Way, save for those in Scarborough and Whitby, continue to follow the traditional Monday to Saturday 11am to 11pm, Sunday to 10.30pm, and some still close in the afternoon, particularly in the winter months.

● **National (Bank) holidays** Most offices are shut on 1 January, Good Friday and Easter Monday (March/April), the first and last Monday in May, the last Monday in August, 25 December and 26 December. Some shops and museums/galleries are also closed but pubs, restaurants and cafés are often open.

● **School holidays** School holiday periods in England are generally as follows: a one-week break late October, two weeks around Christmas, a week mid February, two weeks around Easter, a week in late May and from late July to early September.

● **Documents** If you are a member of a National Trust organisation in your country bring your membership card as you should be entitled to free entry to National Trust properties and sites in the UK. See also the box on p56.

● **Travel/medical insurance** The European Health Insurance Card (EHIC) entitles EU nationals (on production of the EHIC card) to necessary medical treatment under the UK's National Health Service while on a temporary visit here. However, this is not a substitute for proper medical cover on your travel insurance for unforeseen bills and for getting you home should that be necessary. Also consider cover for loss or theft of personal belongings, especially if you're camping or staying in hostels, as there will be times when you'll have to leave your luggage unattended. If you're walking the Cleveland Way any time after March 2019 do check, too, what the latest rules are, for the UK will have left the EU that March and you can expect some changes to the legislation.

● **Weights and measures** Britain's illogical mix of metric and imperial measures is undoubtedly a source of confusion for many visitors. For example, in Britain milk

TOWN FACILITIES

Eating Place ✓ = one place ✓✓ = two ✓✓✓ = three +	Food Store	Campsite/ Camp/bunk barn (CB)/ Camping pod or glamping (P)	Hostels YHA	B&B-style accommodation ✓ = one place ✓✓ = two ✓✓✓ = three +	Place name (places in bold are directly on the Cleveland Way)
✓✓✓	✓	✓	✓	✓✓✓	Helmsley
✓					Riveaulx Abbey
		✓			Scawton
					Cold Kirby
✓				✓✓✓	Kilburn
✓				✓	Sutton Bank
				✓	Boltby
✓		✓		✓	High Paradise Farm
✓✓✓	✓	✓	✓	✓✓✓	Osmotherley
✓	✓	✓/P		✓*	Carlton Bank
					Clay Bank Top
		CB		✓	Urre
✓		✓		✓✓	Chop Gate
✓✓		✓		✓✓	Great Broughton
✓		✓/CB		✓	Kildale
✓				✓	Newton-under-Roseberry
✓		✓		✓	Slapewath
✓✓				✓	Skelton Green
✓✓✓	✓			✓	Skelton
✓✓✓	✓			✓✓✓	Saltburn-by-the-Sea
✓✓	✓			✓	Skinningrove
✓✓✓	✓			✓✓✓	Staithes
✓ (limited days)					Port Mulgrave
✓✓✓		✓/P		✓✓	Hinderwell
✓✓		✓		✓✓✓	Runswick Bay/Bank Top
✓	✓	✓/P		✓	Lythe
✓✓✓	✓			✓✓✓	Sandsend
✓✓✓	✓		✓	✓✓✓	Whitby
✓✓✓	✓	✓/P		✓✓✓	Robin Hood's Bay
✓			✓		Boggle Hole
✓✓✓		✓		✓✓✓	Ravenscar
✓				✓	Hayburn Wyke
✓✓	✓	✓	✓	✓✓✓	Scarborough
✓✓		✓			Cayton Bay
✓✓✓	✓	✓		✓✓✓	Filey

* 40 minutes along the trail east of Carlton Bank, at *Breakhills* (see p102)

to risk the extra danger to their ankles in order to achieve this. We just don't agree, that's all.

Socks

As with all outdoor gear, the humble sock has not escaped the technological revolution (with prices to match) so invest in two non-cotton pairs designed for walking. Although cushioning is desirable, avoid anything too thick which will reduce stability. A correctly sized boot with an anatomically shaped insole gives a sure-footed feel. As well as the obvious olfactory benefits, frequent washing will maintain the socks' springiness.

CLOTHES

Tops

The proven system of **layering** is a good principle to follow. A quick-drying synthetic – or a less odiferous merino wool – **base layer** transports sweat away from your skin; the mid-layer, typically a **fleece** or woollen jumper, keeps you warm; and when needed, an outer 'shell' or **jacket** protects you from the wind and rain.

Maintaining a comfortable temperature in all conditions is the key, and it pays to avoid getting too hot or cold; both can prematurely tire you. Trudging out of Scarborough on a sunny summer's day will soon have you down to your base layer, but sitting on Roseberry Topping when the wind gets up can freeze you to the marrow. Just be aware of how hot or cold you're feeling and adjust your clothing accordingly.

Avoid cotton; as well as being slow to dry, when soaked it saps away body heat but not the moisture – and you'll often be wet from sweat if not rain. Take a change of **base layers** (including underwear), a **fleece** suited to the season, and the best **breathable waterproof** you can afford. **Soft shells** are an alternative to walking in rustling nylon waterproofs when it's windy but not raining.

It's useful to have a **spare set of clothing** so you're able to get changed should you arrive chilled at your destination. Once indoors your body heat will quickly dry out a synthetic fleece and nylon leggings. However, always make sure you have a **dry base layer** in case you or someone you're with goes down with hypothermia; this is why a quality waterproof is important.

Leg wear

Your legs are doing all the work and don't generally get cold so your trousers can be light which will also mean quick-drying. Although they lack useful pockets, many 21st-century walkers find leg-hugging cycling polyester **leggings** very comfortable (eg Ron Hill Tracksters). If like me, however, you remain firmly fixed somewhere in the mid- to late 20th century – or the thought of catching yourself in the mirror in a pair of lurid lycra legwear is simply too ghastly to contemplate – then poly-cotton or microfibre trousers are excellent. Denim jeans are cotton and a disaster when wet.

If the weather's good, **shorts** are very agreeable to walk in, leaving a light pair of trousers clean for the evenings. It also means your lower legs get muddy

28A	Arriva	Middlesbrough to Stokesley via Great Ayton, Mon-Sat 1/hr
X93	Arriva	Middlesbrough to Scarborough via Guisborough, Slapewath (Charltons) , Whitby & Robin Hood's Bay , summer Mon-Sat approx 1/hr, Sun 10/day but mostly in the morning (plus Whitby to Scarborough daily 2/hr), winter hours more limited
707	R & C	Redcar circular route to Guisborough, Slapewath (Charltons) , Lingdale, Skelton & Skelton Green , Mon-Sat 2/day plus 1/day from Guisborough but evening only
708	R & C	Liverton Mine to Saltburn circular route via Loftus, Skinningrove & Skelton , Mon-Sat 3/day but evening only
752	R & C	Skelton to Twizleggill View circular route via Skinningrove & Skelton , Mon-Sat 3/day but evening only
3	Arriva	Lingdale to Redcar via Skelton Green , Skelton , Saltburn & Marske , Sun 1/hr
X3	Arriva	Lingdale to Middlesbrough via Skelton Green , Skelton , Saltburn & Redcar , Mon-Sat 1/hr
X3A	Arriva	North Skelton to Middlesbrough via Saltburn , Marske & Redcar , Mon-Sat 1/hr
X4	Arriva	Middlesbrough to Whitby via Redcar, Marske & Redcar , Brotton , Loftus, Easington, Boulby, Staithes , Hinderwell , Runswick Bay , Lythe & Sandsend , Mon-Sat 2/hr, Sun 1/hr plus 1/hr Redcar to Whitby
840	YC	Leeds to Whitby via York, Pickering & Thornton-le-Dale, Mon-Sat 4/day plus 3/day to Thornton-le-Dale, Sun 4/day
115	EYMS#	Ravenscar to Scarborough , Mon-Sat 2/day
X21	EYMS#	Hull to Scarborough via Beverley, Bridlington & Filey , late May to mid Sep, daily 1/day
12/13	EYMS#	Bridlington to Scarborough via Filey & Cayton Bay , early May to early Nov, daily 2/hr
555	SS	(Filey Flyer) Scarborough to Filey via Cayton Bay , Mon-Sat 7-8/day
843	Transdev	Leeds to Scarborough via York & Malton, Mon-Sat 10/day, Sun 8/day
X43	Transdev	Leeds to Bridlington via York, Scarborough & Filey , early July to mid Sep 1/day
X40	Transdev	Leeds to Whitby via York & Pickering, early July to mid Sep 1/day

Contacts **Abbott's** (Abbott's of Leeming; ☎ 01677-424987, ☐ abbottscoaches.co.uk); **Arriva** (☐ arrivabus.co.uk/north-east); **EYMS** (East Yorkshire Motor Services; ☎ 01482-592929, ☐ eyms.co.uk); **Moorsbus** (☐ moorsbus.org); **NYCC** (North Yorkshire County Council; ☐ northyorks.gov.uk/bus-timetables); **R&C** (Redcar & Cleveland; ☐ redcar-cleveland.gov.uk; click on 'p' for public transport); **SS** (Shoreline Suncruisers; ☎ 01723-360969, ☐ shorelinesuncruisers.co.uk); **Transdev** (☐ yorkbus.co.uk); **YC** (Yorkshire Coastliner; ☐ yorkbus.co.uk)

Notes:

* Stephenson's of Easingwold is part of TransDev York Bus

EYMS is the parent company of Scarborough & District (S&D); some buses may say Scarborough & District and some East Yorkshire.

THE ENVIRONMENT & NATURE

2


Conserving the Cleveland Way


With a population of over 62 million, Britain is an overcrowded island, and England is the most densely populated part of it. As such, the English countryside has suffered – and continues to suffer – a great deal of pressure from both over-population and the activities of an ever more industrialised world. Thankfully, there is some enlightened legislation to protect the surviving pockets of forest and heathland.

In these enlightened times when environmental issues are quite rightly given more precedence, many endangered species, such as the otter, have increased in number thanks to the active work of voluntary conservation bodies. There are other reasons to be optimistic. The environment is no longer the least important issue in party politics and this reflects the opinions of everyday people who are concerned about issues such as conservation on both a global and local scale.

GOVERNMENT AGENCIES AND SCHEMES

Natural England

Natural England ( gov.uk/government/organisations/natural-england) is responsible for enhancing biodiversity, landscape and wildlife in rural, urban, coastal and marine areas; promoting access, recreation and public well-being; and contributing to the way natural resources are managed. One of its roles is to identify, establish and manage: national trails, national parks, areas of outstanding natural beauty (AONBs), national nature reserves (NNRs), sites of special scientific interest (SSSIs), and special areas of conservation (SACs) and to enforce regulations relating to these sites.

The highest level of landscape protection is the designation of land as a **national park** which recognises the national importance of an area in terms of landscape, biodiversity and as a recreational resource. At the time of writing there were nine national parks in England (plus the Norfolk and Suffolk Broads which enjoy equivalent status and protection). Of interest to the Cleveland Way walker is, of course, the North York Moors National Park ( northyorkmoors.org.uk), around which the path skirts. This designation does not signify national ownership and these are not uninhabited wildernesses,





Herb-Robert
Geranium robertianum



Dog Rose
Rosa canina



Forget-me-not
Myosotis arvensis



Travellers' Joy
Clematis vitalba



Red Campion
Silene dioica



Common Dog Violet
Viola riviniana



Germander Speedwell
Veronica chamaedrys



Heather (Ling)
Calluna vulgaris



Harebell
Campanula rotundifolia



Early Purple Orchid
Orchis mascula



Bell Heather
Erica cinerea



Foxglove
Digitalis purpurea

3

MINIMUM IMPACT & OUTDOOR SAFETY

Minimum impact walking

ENVIRONMENTAL IMPACT

A walking holiday in itself is an environmentally friendly approach to tourism. The following are some ideas on how you can go a few steps further in helping to minimise your impact on the environment while walking the Cleveland Way.

Use public transport whenever possible

The public transport network serving the Cleveland Way is, admittedly, not extensive, though most places have at least some sort of bus service and once you reach the coast you'll find getting around much easier. Public transport is always preferable to using private cars as it benefits everyone: visitors, locals and the environment.

Never leave litter

'Pack it in, pack it out'. Leaving litter is antisocial so carry a degradable plastic bag for all your rubbish, organic or otherwise and even other people's too, and pop it in a bin in the next village. Or better still, reduce the amount of litter you take with you by getting rid of packaging in advance.

● **Is it OK if it's biodegradable?** Not really. Apple cores, banana skins, orange peel and the like are unsightly, encourage flies, ants and wasps, and ruin a picnic spot for others; they can also take months to decompose. Either bury them or take them away with you.

Buy local

Look and ask for local produce to buy and eat. Not only does this cut down on the amount of pollution and congestion that the transportation of food creates, so-called 'food miles', it also ensures that you are supporting local farmers and producers.

Erosion

● **Stay on the main trail** The effect of your footsteps may seem minuscule but when they're multiplied by several thousand walkers each year they become rather more significant. Avoid taking shortcuts,



ROUTE GUIDE & MAPS

4

Using this guide

This trail guide has been described from west to east and divided into 10 stages. Each stage is approximately a day's walk in length though that doesn't mean you have to divide the trail up this way; you can plan your walk however you wish, of course, and much will depend on the speed you walk at, your interests and where you stay. See pp36-7 for some suggested itineraries.

To enable you to plan your own itinerary, **practical information** is presented clearly on the trail maps. This includes walking times for both directions, places to stay, camp and eat, as well as shops where you can buy supplies. Further service **details** are given in the text under the entry for each place. For an overview of this information see the village and town facilities table on pp34-5.

For **map profiles** see the colour pages at the end of the book.

TRAIL MAPS

Scale and walking times

The trail maps are to a scale of 1:20,000 (1cm = 200m; 3¹/₈ inches = one mile). Walking times are given along the side of each map and the arrow shows the direction to which the time refers. Black triangles indicate the points between which the times have been taken. **See note on walking times in box below.** The times are there as an aid to planning your walk – not to judge your ability. There are many variables which will affect your speed including weather, ground conditions, whether you are walking alone or with company and how interesting you find parts of the landscape.

Important note – walking times

Unless otherwise specified, **all times in this book refer only to the time spent walking.** You will need to add 20-30% to allow for rests, photography, checking the map, drinking water etc. When planning the day's hike count on 5-7 hours' actual walking.

To research this book I walked alone so kept a faster pace than if I were walking with companions. Most health and fitness professionals calculate the average walking speed for humans to be 2-3mph/3-5kph. After a few days you will hopefully know how fast you walk compared to the time bars and can plan your day more accurately.



Up or down?

Other than when on a track or bridleway the trail is shown as a dotted line. An arrow across the trail indicates the slope; two arrows show that it is steep. Note that the arrow points towards the higher part of the trail. If, for example, you are walking from A (at 80m) to B (at 200m) and the trail between the two is short and steep, it would be shown thus: A- - - >>- - - B. Reversed arrow heads indicate a downward gradient.

Other features

Features marked on the maps are pertinent to navigation but, to avoid clutter, not all features have been marked.

ACCOMMODATION

The accommodation included in the book is either on the trail or within easy reach of it and details of each place are given in the accompanying text. The number and type of rooms is given: **S** = single bed, **D** = double bed, **T** = twin beds (two single beds), **Tr/Qd** = rooms that can sleep three/four people, but note that this often means two people sharing a double bed and the other(s) in bunk beds; however, these rooms can also be used as doubles or twins. Some places have rooms that can sleep more than two people but only children, not adults.

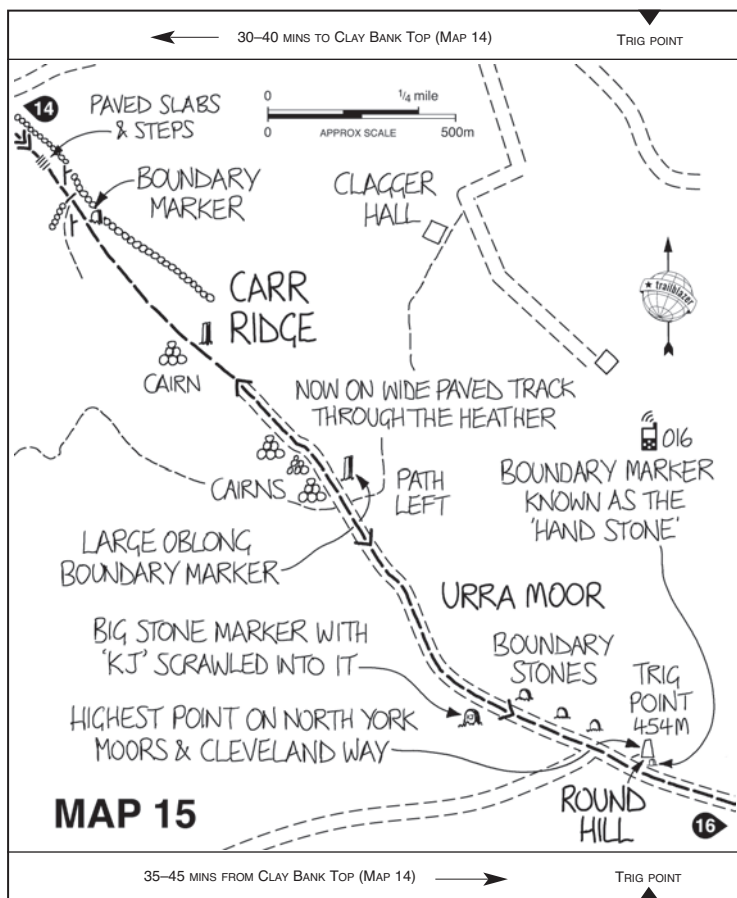
Rates given are **per person (pp)** based on two people sharing a room for a one-night stay – rates are almost always discounted for a longer stay. Where a single room (**sgl**) is available the rate for that is quoted if different from the per person rate. The rate for single occupancy (**sgl occ**) of a double/twin is generally higher, and the per person rate for three or more sharing a room may be lower. Unless specified, rates are for B&B. At some places the only option is a room rate; this will be the same whether one or two people share. Don't bank on negotiating a discount in the off-season; year-round demand from business travellers, holidaymakers and weekenders for accommodation along and near the Cleveland Way keeps prices high. Note that many places, particularly hotels and YHA hostels, have rates that vary from one night to the next according to demand; in this case we've just asked the proprietors to provide us with an approximate rate. Note, too, that some hotels have different rates advertised on booking agency websites. In this case, it's usually best to contact the hotel or B&B as it's often cheaper to book direct with them. See also pp22-3.

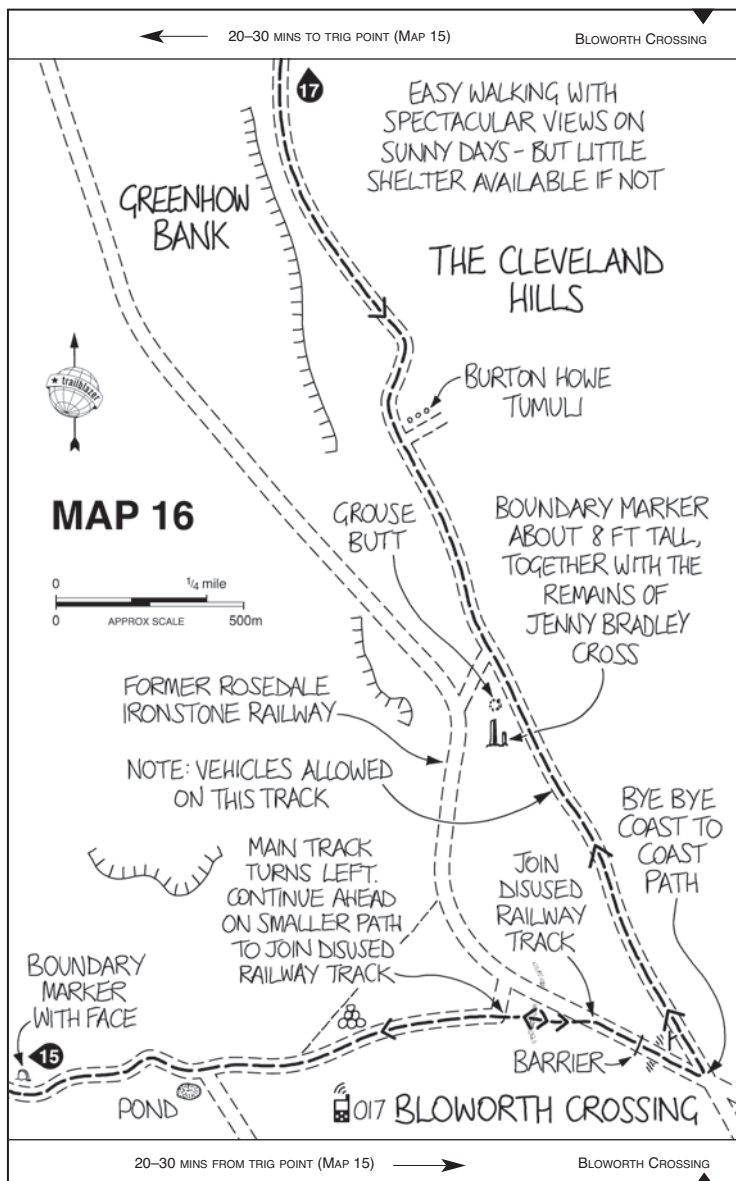
The text also mentions whether a **bath** is available (♫) in, or for, at least one room; and whether **dogs** (🐕) are welcome. Most places will not take more than one dog in a room and also only accept them subject to prior arrangement. Some make an additional charge (usually per night but occasionally per stay) while others may require a deposit which is refundable if the dog doesn't make a mess. See also pp183-5.

Some owners are prepared to collect walkers from points on the trail where the accommodation is a mile or two off the path and take them back the next morning – it is worth asking if this is possible when booking. Often this service is free but any offer to pay petrol money will generally be appreciated.

More impressive, perhaps, is the carving on the next stone which bears a human face on its eastern side (Map 16).

A little more easy walking will bring you to the former railway junction known as **Bloworth Crossing**, where the old Rosedale Ironstone Railway meets the Rudland Rigg Road. It is also here that you bid a fond farewell to those Coast to Coast Path interlopers with whom you've been sharing the trail; they'll be taking a much more direct route eastwards to the coast while you'll be meandering northwards now, sharing a path instead with cyclists, horse-riders and dirt bikes who are all allowed to use this sandy track.





Soon after leaving Staithes the Cleveland Way follows the newly established England Coast Path rather than its original, more direct course through the horse fields. It's not long before you find yourself walking past the ironmongery on the outskirts of Port Mulgrave, all of which hint at this sleepy hamlet's former importance.

PORT MULGRAVE [MAP 30]

It may come as something of a surprise to find that the only place on the Cleveland Way that has the word 'port' in its title actually stands on the cliffs well above the sea. But there's a reason for this. The port actually does still exist, or at least the remnants of it, at the foot of the cliffs immediately below the Cleveland Way. But the ironstone mine that was the reason for Port Mulgrave's existence was abandoned when the mine was exhausted; and though the port that served the mine was still used to ship ironstone from nearby Grinkle Mine up until 1917, it too was abandoned when Grinkle was connected to the Middlesbrough to Whitby rail line (a section of which you've already seen on this walk). Today, only a few old bits of ironmongery provide any clue as to the port's former importance.

The path down to the port is officially closed and, though there's nothing to stop you taking it, you will have to scramble using ropes that have been attached to the steep bank in order to get to the bottom. Do so and you'll find that several locals have built beach shacks (one of them even has two storeys!) down near the shore. This is also one of the best beaches to look for fossils – largely, perhaps, because of the lack of competitors here.

Whether you choose to risk your neck on the path down to the port is your business

but one place we do urge you to visit is *The Ship* (☎ 01947-840303; 1D/1D or T, all en suite; Wi-Fi; 🍷 tearoom only). You can imagine Sunday supplements would work themselves up into a right lather over this place and justifiably so. Once a pub, at the time of writing it had just been taken over by a new proprietor and in addition to the simple but exquisite little tearoom it also offers B&B.

B&B costs from £42.50pp (sgl occ from £45); a single room is also available as long as one of the other rooms has been booked, so this would be a good place for three people walking together.

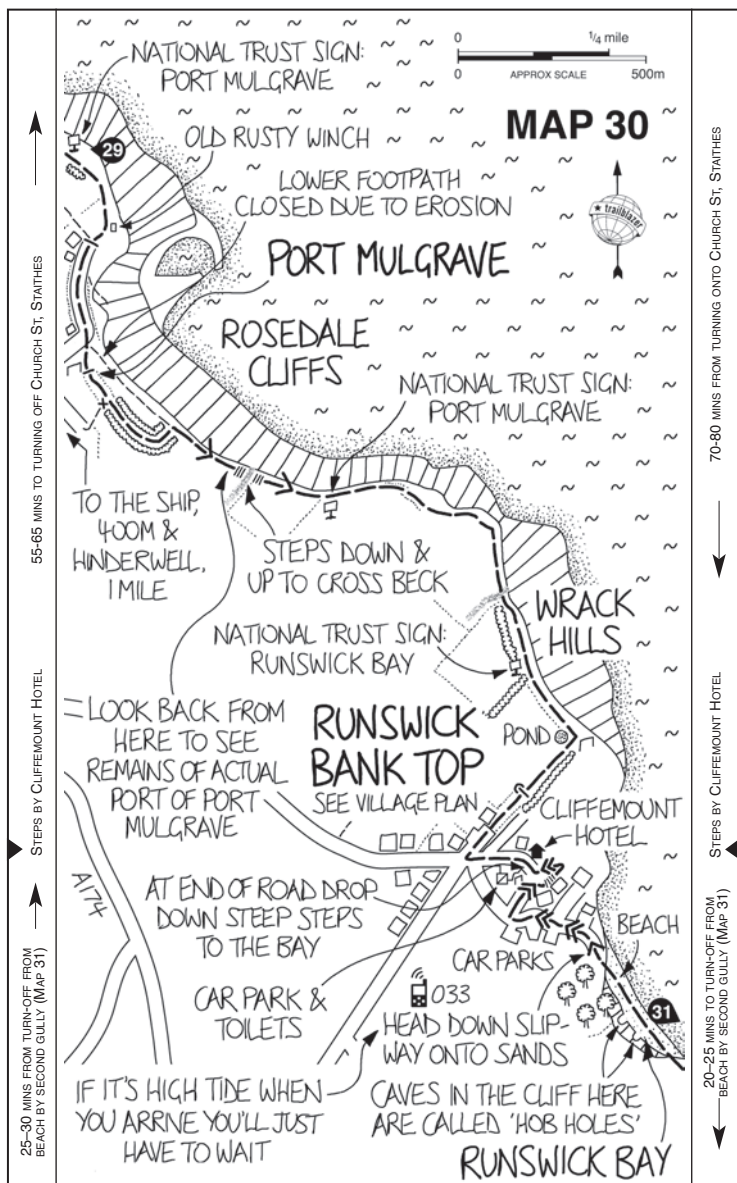
The **tea room** is open at weekends (Sat & Sun noon-6pm) but the new owner hopes to open daily in the peak season; the details will be put on signs on the trail so keep an eye open. The menu includes traybake cakes (£2.45-3.75), toasted tea cake (£2.90-3.75), soups and sandwiches (from £3.95). They are licensed so can sell alcohol, but only serve bottled drinks. However, they also have homemade lemonade (£1.75); if it is anything like as good as that made by the previous owners it will be worth coming here for.

If I have a complaint to make it's that it's just too close to Staithes and thus many people will decide against visiting or staying here.

HINDERWELL [off MAP 30]

Though there's nothing wrong with this simple settlement stretched out along the A174, there would be little reason to visit Hinderwell if it wasn't for *Serenity Camping* (☎ 01947-841122, 📧 serenitycamping.co.uk; Wi-Fi; 🍷; Mar-Oct), the nearest **campsite** to Staithes. The site boasts a 'Wi-Fi & Information Cabin' (open 24hrs)

and you can charge your phone at reception. Backpackers are charged £10pp, though there may be a 2-night minimum stay in July and August and at weekends at other times. **Glamping** in a shepherd's hut (£60-70 sleeping up to two), bell tent (£60-90 sleeping up to two) and even a 'potting shed' (described as a 'boutique two-room



Transport

Scarborough has the best transport links of any place on the Cleveland Way. Unfortunately, few of these are near the trail itself, which means you need to head to the centre of town and the railway station – where the bus services stop too – to get transport to anywhere.

The only **buses** that go near the seafront (and thus the trail) are EYMS's 8/8A and the 109 that travels between North and South Bay; and while the 8/8A does indeed go to the railway station, it takes an awfully long time to get there (about half an hour from the Sea Life Centre for example).

The most useful bus service for Cleveland Way walkers that departs from Scarborough is Arriva's X93 to Middlesbrough. Scarborough also connects to: Ravenscar (EYMS's No 115), Filey (EYMS's No 12, 13 and X21, and SS's 555); Leeds (Transdev's No 843 and the seasonal X43); and Helmsley (EYMS's No 128) – the latter would be useful for those who left their car at the start of the trail. See box pp52-3 for details.

For destinations further afield there's National Express **coach** No 563 and No 327 (see p51).

Scarborough not only has the busiest **railway station** on the Cleveland Way but also has trains to places where you might actually want to go including TransPennine Express's service to Liverpool Lime St and Northern's to Hull (see box p49).

Where to stay

The nearest **campsite** to Scarborough is back along the path at **Scarborough Camping & Caravanning Club** (Map 43; ☎ 01723-366212, 📧 campingandcaravanningclub.co.uk; wi-fi; 🐾; Mar/Apr to early Nov) on Field Lane, about two miles from the town centre but is best reached from the path (Map 43). It's one of the more family-friendly, facility-filled places (there's even a chip shop on site, as well as a well-stocked shop) but accepts walkers too; prices start at £8.35pp.

Not too far away from here is **YHA Scarborough** (Map 34; ☎ 01723-361176, ☐

0345-260 2896, 📧 yha.org.uk/hostel/yha-scarborough or 📧 scarboroughhostel.com.ipage.com; 46 beds in 4- & 6-bed rooms; one en suite; Mar-Oct), housed in a 17th-century former water mill on a quiet riverbank about 1½ miles from town in Burniston. It's certainly one of the simpler hostels on the path (there's no wi-fi, for example), though you'll still find a self-catering kitchen and breakfast and packed lunches are available) and the prices reflect this, with a dorm bed from just £13pp and private rooms start from £45 for up to four sharing. Note that check-in is after 5pm but then there is 24hr access. This hostel is independently managed but can only be booked through the YHA website.

Given how far outside of the town centre the YHA hostel is, we recommend that you maybe look to see if the **Boat Shed** (☎ 07889-180925, 📧 boatshedhostel.co.uk) is up and running again, though it is unlikely their new accommodation will be available before summer 2020. Just a pebble's throw from the beach and path at 22A Quay St, the place has always had an excellent reputation and when it reopens the owner wants it to be, in her words, 'all-singing-and-all-dancing' with private rooms in addition to the bunk barn; they may even allow dogs – most unusual for a hostel.

There are plenty of **B&Bs** in Scarborough. Several roads seem to be dominated by them, including Queen's Parade, overlooking North Beach. Here you'll find places such as **Howdale** (☎ 01723-372696, 📧 howdalehotel.co.uk; 2T/11D, all en suite; 🍷; wi-fi; Apr-end Sep), at No 121, with rooms for £35-50pp (sgl occ room rate); amiable **Leeway** (☎ 01723-374371, 📧 leewayhotel.co.uk; 3S/3D/3D or T, all en suite; wi-fi; Jan-end Oct), at No 71, one of the few places with single rooms (£35-40) as well as doubles and twins (£30-35pp, sgl occ room rate), some of which have a sea view; and the pleasant **Kimberley Seafront** (☎ 01723-372734, 📧 kimberleyseafronthotel.co.uk; 5D/1T/2Tr, all en suite; wi-fi), at No 131, with B&B from £35pp (sgl occ room rate).

Eastborough is another street where you'll find several choices. Popular **Palace**

**Where to stay**

- 3 Howdale
- 4 Kimberley Seafront
- 5 Leeway
- 6 Tall Storeys B&B
- 11 Barrington Guest House
- 12 Palace Hill
- 19 Premier Inn
- 20 Travelodge

- 21 Grand Hotel Scarborough

Where to eat and drink

- 1 Watermark
- 2 Oasis
- 7 Ivy House
- 8 Anton's
- 9 Ask

- 10 Golden Grid
- 13 Bayview Coffee House
- 14 Eastern Paradise
- 15 Clark's
- 16 Scarborough Flyer
- 17 Cat's Pyjamas
- 18 Greensmith & Thackway
- 22 Farrer's Bar & Brasserie


FILEY

Filey has an unusual claim to fame in the world of walking. There are a few places in England and Wales where two national trails meet: Goring in Berkshire and its neighbour Streatley-on-Thames, for example, are visited by both the Ridgeway national trail and the Thames Path; and the tiny hamlet of Twice Brewed in Northumbria is crossed by both the Hadrian's Wall and Pennine Way national trails. But with the arrival of the England Coast Path, Filey is the first place where *three* paths meet.

We like the fact that Filey holds such a unique position, especially as the town is such an unassuming place. Less gaudy, less attention-seeking, less 'shouty' than its noisy neighbour to the north, Filey is pretty much the epitome of pleasant. One of Scarborough's residents said to me that visiting Filey was like stepping back to the 1950s, and while the town doesn't *look* like it's stuck in the middle of the 20th century, its atmosphere does seem to hark back to a more genteel and civilised time. Even Filey's seafront is tranquil and, surprisingly, largely residential, its 'pleasure beach' section tucked away at the north-eastern end of the seafront, out of sight of the main part of town up the hill.

With good cafés and B&Bs for those who are staying, and decent transport links for those who just want to get back home, we think it's a lovely place to end a national trail....or, of course, to begin one.

Services

The **tourist information point** ( discoveryyorkshirecoast.com) is in the Concert Hall on John St. It's mostly just leaflets but there is also a freephone linking you to a dedicated Tourism Bureau team based in Scarborough. This line is manned daily in summer 9am-5pm, winter Monday to Saturday only; if not in Scarborough you can call this office (☎ 01723-383636) during those hours for information on Scarborough, Whitby and Filey.

The **post office** (Mon-Fri 9am-5.30pm, Sat to 4pm) is next door.

Maybe reflecting the age of many of its residents, Filey can boast no fewer than three Boots the **chemists**; the one halfway down Murray St (Mon-Sat 9am-5.30pm, Sun 10am-4pm) is the largest and the only one open on Sunday.

West on Station Ave is a **Tesco supermarket** (Mon-Sat 7am-10pm, Sun 10am-4pm), while about 300m north of here at 2C Mitford St is the **trekking outfitters** Cammish Outdoors (☎ 01723-513319; school summer holidays daily 9am-5pm, rest of year Mon, Tue & Thur-Sat 9am-5pm). There is also a Spar (daily 7am-10pm) with an **ATM** at 3 Murray St.

Transport


Filey is a stop on Northern's **rail** services between Hull and Scarborough (see box p49).

National Express's No 327 and No 563 (see p51) also visit Filey bus station, which lies in front of Tesco.

Bus-wise, EYMS runs the 12, 13 & X21; there's also SS's 555 (the Filey Flyer). Transdev's seasonal X43 calls here en route between Leeds and Bridlington. See box pp52-3 for more details.

If coming by **car** see box p50 for information on parking here.

What to see and do

There's not a huge amount to do in Filey – but that's just fine. There is a **museum** ( fileymuseum.org.uk; Easter-end Oct Sun-Fri 11am-5pm, Sat 2-5pm; £2.50) that's entirely run by volunteers and tucked away at 8-10 Queen St. Studying the history of the town over seven rooms, the museum includes exhibitions on the local lifeboat service and Victorian Filey. The highlight for us, however, was the room dedicated to local 19th-century photographer Walter Fisher and the pictures of the locals that he took while residing here, that give a great insight into how the town looked back then in the days before mass tourism.

If you happen to be strolling in **Crescent Gardens**, overlooking the beach, do seek out the **five stones** found on Carr

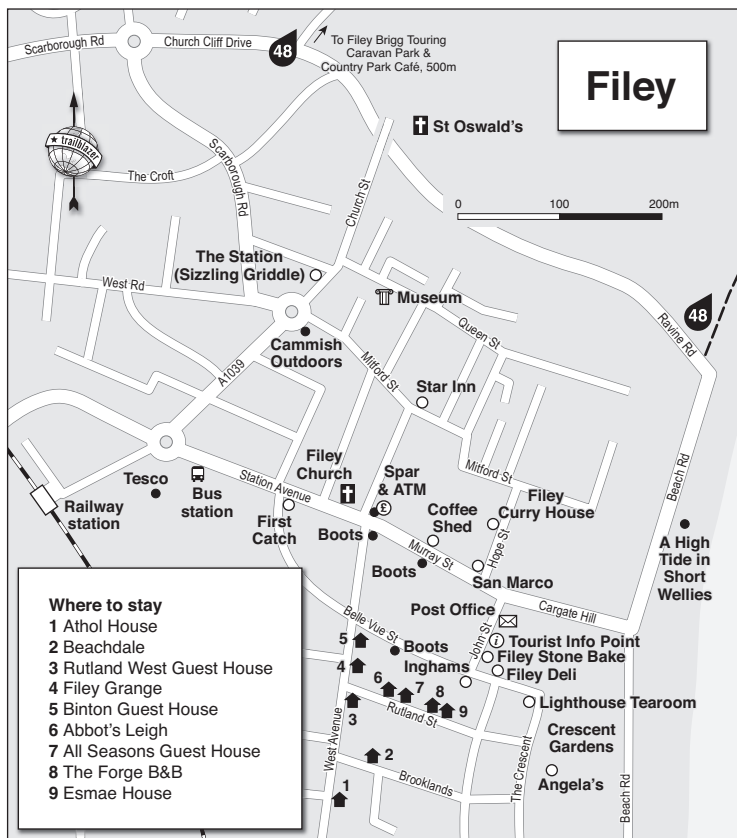
Naze in the middle of the 19th century following a landslip, and which were later determined to be pillar bases of Roman origin. You can still make out the 'hunting' scene of a dog chasing a stag on the middle of the stones.

Down on the seafront at Coble Landing there is another large sculpture, *A High Tide in Short Wellies* (see photo overleaf), by local artist Ray Lonsdale, who is also responsible for *Freddie Gilroy and the Belsen Stragglers* in Scarborough (see pp124-5).

Where to stay

For once, **campers** actually have the most convenient accommodation for the trail. **Filey Brigg Touring Caravan Park** (Map 48; ☎ 01723-513852, 📧 fileybriggcaravanpark.campmanager.com; 🐾; Mar-Dec) has pitches for around £11 per night for up to two people.

Filey is well-stocked with **B&Bs**. West Ave is a good place to start looking, with well-appointed **Binton Guest House** (☎ 01723-513753, 📧 bintonguesthouse.co.uk; 2T/2D/1D or T, all en suite, 1Tr, private



facilities; wi-fi), at No 23, where rates are around the £39-42pp mark (sgl occ from £60, though full room rate required on bank hols and in summer).

Just along the Avenue at No 27 is **Filey Grange** (☎ 01723-513396, 📧 fileygrange.co.uk; 3D/1Qd, all en suite; 🚿; wi-fi). All the rooms have a fridge and the twin and double rooms on the third floor have a connecting door and can sleep up to four people. Rates are £40-57.50pp (sgl occ rates on request); note that there's often a two-night minimum stay policy in high season but it is always worth calling to check. From Feb 2019 a continental-style breakfast will be served in the rooms; a cooked breakfast will no longer be available.

Further along still, at No 67, is **Athol House** (☎ 01723-515189, 📧 athol-guesthouse.co.uk; 3D/1T/1Qd, all en suite; wi-fi), one of the cheaper options if you're travelling alone, with single occupancy from £45, two sharing from £35pp.

Rutland St, just around the corner is another happy hunting ground. At No 2A, where Rutland St meets West Ave, is the smart **Rutland West Guest House** (☎ 01723-514750, 📧 rutlandwestfiley.co.uk; 1D/2D or T/1Qd, all en suite; 🚿; wi-fi; 🐕), one of the few places in town that allows dogs in its rooms, with rooms from £37pp (sgl occ from £60).

Moving down the road, at No 7 there's cheerful **Abbot's Leigh** (☎ 01723-513334, 📧 abbotsleighguesthouse.co.uk; 3D/2D or T/1Tr, all en suite; 🚿; wi-fi), where rates start at £37.50pp (sgl occ from £50, though full room rate in summer); **All Seasons Guest House** (☎ 01723-515321, 📧 allseasonsfiley.co.uk; 4D/1D or T/1Tr, all en suite; wi-fi), at No 11, which charges £42.50-50pp (sgl occ from £65); **The Forge** (☎ 01723-514646, 📧 theforgefiley.com; 4D/1T, all en suite; wi-fi) at No 23, one of our favourites with some very nicely furnished rooms (rates are from £39.50pp, sgl occ from £60); and, next door, at No 25, **Esmae House** (☎ 01723-515493, 📧 esmae-house.co.uk; 4D/1D or T, all en suite; wi-fi; Feb-Nov), perhaps the smartest of the lot, with rates £37.50-45pp (sgl occ room rate).

Away from these two streets, at 2 Brooklands is **Beachdale Guesthouse** (☎ 01723-317560, 📧 beachdalefiley.co.uk; 3D/2D or T, all en suite; 🚿; wi-fi; 📺) charges £40-45pp (sgl occ from £70).

Where to eat and drink

If you're up early in the morning and need a hit of caffeine, **Filey Country Park Café** (daily 6.30am up to 6pm, closed Wed outside of school holidays) seems to be the first place to open; see box p176. The menu is fairly standard 'caff' style but good value, with a sausage bap for £3.

Of those that open at more civilised times, our favourite café is **Coffee Shed** (Mon-Sat 8.30am-4.30pm), on Murray St, whose menu seems unremarkable (breakfasts, with beans on toast £2.50, sandwiches, cakes and snacks) but which seems to be the most popular with locals – always a good sign.

Special mention must also be made of **Angela's** (Mon-Sat 10am-5pm, to 3pm outside of summer), largely because of its agreeable location hidden away below Crescent Gardens, where you can pick up a bacon sarnie with a hot drink for £4.50; the popular **Filey Deli** (daily 9.30am-3pm), with fairly priced sandwiches (£1.50-2.50); and the excellent **Lighthouse Tearoom** (Sat-Thur 10am-4pm; at the seaward end of Belle Vue Terrace) because it's very friendly and the items on their menu, particularly the freshly home-baked scones (cheese and fruit), are smashing.

Amazingly, finding a **pub** in Filey that serves food is actually quite difficult though there are a couple that are recommendable. The first is the popular **Star Inn** (☎ 01723-512031, 📧 thestarfiley.co.uk; food Tue-Sat 5-8.30pm, Sun noon-4pm; wi-fi) at 23 Mitford St. Open evenings only during the week, mains are £9.45-17.95 and there's a decent veggie selection (all veggie mains £9.45); they also do a decent value Sunday lunch (£6.95-8.95 depending on the size).

The second option is **The Station** on Church St which plays host to **Sizzling Griddle** (Mon-Wed 3-7.45pm, Fri noon-7.45pm, Sat 11am-7.45pm, Sun noon-

4pm); it offers pizzas from £4.95 and burgers that range from £8.95 up to £18.95 for the Towering Inferno, a monster of a burger that includes four beef patties and *twelve* rashers of bacon, all smothered with a mountain of cheese and chilli con carne! They also do an array of pub classics (lasagne, chilli etc) which are all reasonably priced at £8.95.

The only problem with both these pubs is that they are a few minutes' walk from the town centre, which may be too much for those who finished their trek and decided that, for the next few days at least, they want to do as little walking as possible. If that's you, and you're staying in the town centre, you may need to rely on the restaurants for your evening dining. The best of them include the Italian, **San Marco** (☎ 01723-515457, 🌐 sanmarcofiley.co.uk; Tue-Sun 5-10pm), on Murray St, with pizzas and pasta for £7.30-9.40; and the simply named **Filey Curry House** (☎ 01723-514567, 🌐 fileycurryhouse.com; daily 5-11pm) with dishes from £5.95.

Alternatively, **fish & chips** can be found either at **Inghams** (Mon-Thur 11.45am-2pm, Fri & Sat 11.45am-2pm & 4.15-6.45pm, Sun noon-6.45pm), on Belle Vue St, or on the way to the railway station at the much smarter **First Catch** (daily 11.30am-9pm), 16 Belle Vue Crescent.

Finally, the top place for **fast food** is **Filey Stone Bake** (☎ 01723-518333, 🌐 filey-stone-bake.business.site; Sun-Thur 4pm-midnight, Fri-Sat to 2am), centrally

located on John St, with pizzas from £4.50, kebabs from £4 and free local delivery.

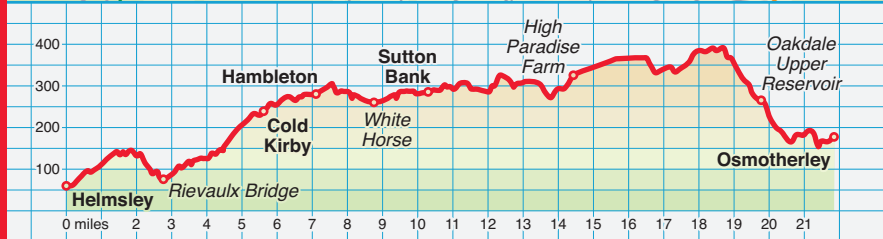
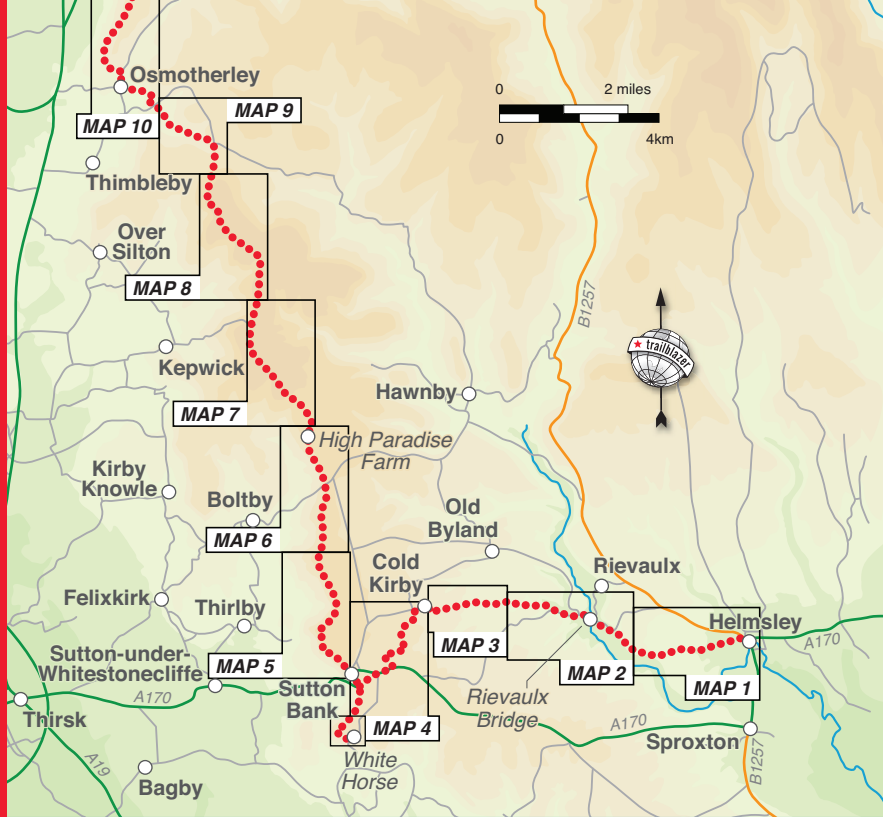


Above: *A High Tide in Short Wellies*, by Ray Lonsdale (see box pp124-5).

APPENDIX A: GPS WAYPOINTS

MAP	WAYPOINT	OS GRID REF	DESCRIPTION
1	001	N54° 14.780' W1° 03.698'	Market Cross, Helmsley
2	002	N54° 15.060' W1° 07.203'	Riveaulx Bridge
3	003	N54° 15.188' W1° 10.750'	Junction by scruffy barn before Cold Kirby
4	004	N54° 13.508' W1° 12.798'	White Horse
4	005	N54° 14.423' W1° 12.641'	Sutton Bank National Park Centre
5	006	N54° 15.817' W1° 13.508'	Junction with path to Boltby
6	007	N54° 17.529' W1° 13.701'	High Paradise Farm
7	008	N54° 19.225' W1° 14.861'	Location of Old Limekiln House
8	009	N54° 19.884' W1° 14.782'	Gate & cattle grid before distinctive bend in Hambleton Street
9	010	N54° 21.387' W1° 15.831'	Square Corner
10	011	N54° 22.119' W1° 17.975'	Osmotherley's central square
11	012	N54° 23.791' W1° 16.352'	Scarth Nick
12	013	N54° 24.279' W1° 13.418'	Second huge cairn
13	014	N54° 25.220' W1° 11.597'	Lord Stones
14	015	N54° 25.328' W1° 07.113'	Clay Bank Top
15	016	N54° 24.341' W1° 05.196'	Boundary marker known as the 'hand stone'
16	017	N54° 24.315' W1° 03.172'	Bloworth Crossing
17	018	N54° 27.250' W1° 03.633'	Take the right-hand (easterly) path through the green gate
17	019	N54° 27.269' W1° 03.598'	Path meets road
18	020	N54° 28.123' W1° 04.005'	Turn-off to Park Farm
19	021	N54° 28.598' W1° 03.854'	Glebe Cottage (tearoom), Kildale
20	022	N54° 28.979' W1° 05.444'	Captain Cook Monument
20	023	N54° 30.329' W1° 06.436'	Roseberry Topping
21	024	N54° 30.971' W1° 03.521'	Highcliff Nab (viewpoint)
22	025	N54° 31.959' W1° 00.309'	Slapewath
23	026	N54° 32.497' W1° 00.225'	Airy Hill Farm
24	027	N54° 34.343' W0° 58.775'	Footbridge under viaduct
25	028	N54° 35.144' W0° 58.132'	Where the Cleveland Way meets the sea!
26	029	N54° 34.421' W0° 54.090'	Skinningrove jetty
27	030	N54° 34.046' W0° 52.214'	Information board by farmhouse
28	031	N54° 33.959' W0° 50.443'	Turn-off to trig point on Boulby Cliff
29	032	N54° 33.451' W0° 47.392'	Left turn after Church St
30	033	N54° 31.973' W0° 45.006'	Top of slipway at Runswick Bay
31	034	N54° 31.658' W0° 44.492'	Turn-off from Runswick Beach up second gully
32	035	N54° 31.144' W0° 41.314'	Footpath to Lythe
33	036	N54° 29.563' W0° 38.689'	Sharp turn left off A174 onto path through golf course.
34	037	N54° 29.423' W0° 36.959'	Captain Cook statue and Whalebone Arch
35	038	N54° 28.683' W0° 34.143'	High Lights Lighthouse
36	039	N54° 27.649' W0° 32.955'	Where the Cleveland Way meets the Coast to Coast Path

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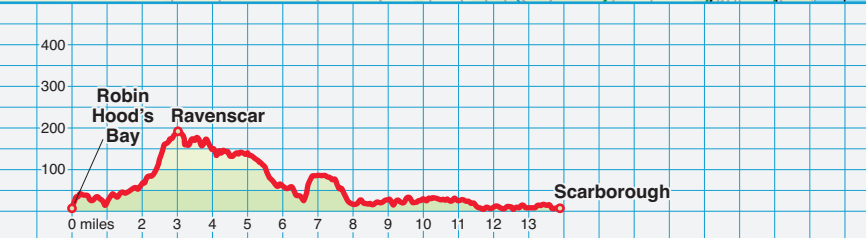
Maps 1-4, Helmsley to Sutton Bank

10.3 miles/16.6km – 3hrs 10mins–4hrs

Maps 4-10, Sutton Bank to Osmotherley

11.6 miles/18.6km – 3hrs 40mins–4hrs 40mins





Maps 37-44 – Robin Hood's Bay to Scarborough

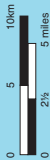
13.9 miles/22.4km –
4½hrs–5hrs 40mins

(4hrs 40mins–5hrs 50mins

14.3 miles/23km via detour route)

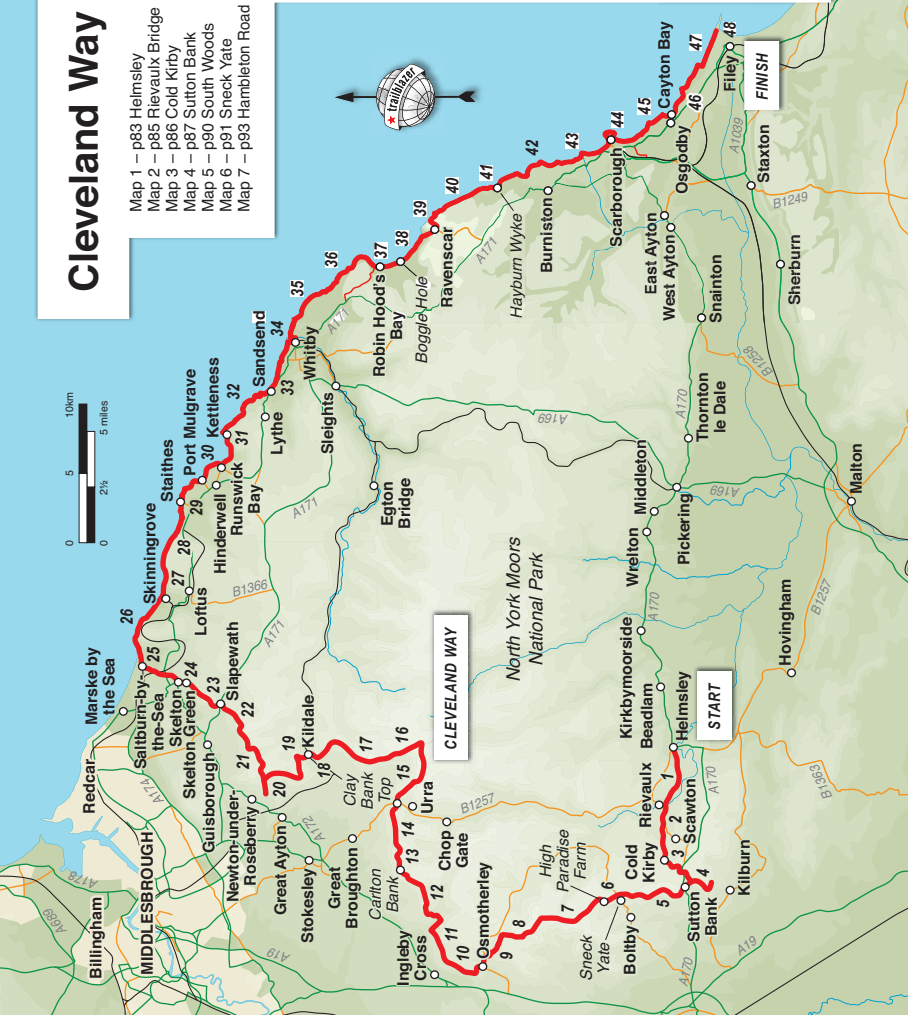


Cleveland Way



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