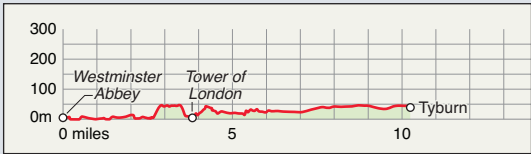


PRACTICAL INFORMATION

- **Terrain** Generally flat pavements
- **Difficulty** Easy
- **Directions & GPS***
010.pdf, 010.gpx, 010.kml from
<https://trailblazer-guides.com/press>
* See p10-11 for more information on downloads

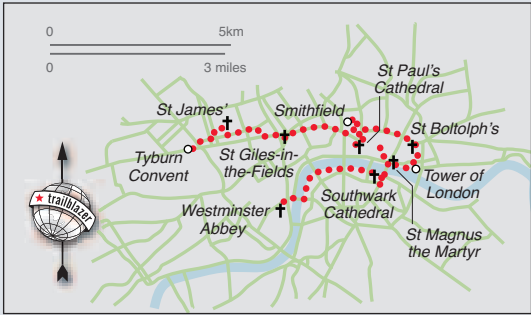


ROUTE OVERVIEW

Although this walk itself is short and level, you have the option to climb steps to high points at several of the pilgrim destinations, affording wonderful city views.

It is easy to access almost any point on this walk by public transport and there is a huge choice of places to stay and eat.

9.9 miles (16km)



Westminster Abbey to the Tower of London

3.7 miles (6km)

- **Time** 1hr 30mins actual walking time
- **Total ascent** negligible
- **Map** OS Explorer 173 London North

From Westminster Abbey you cross the Thames and then follow the Thames Path downriver to reach Winchester Palace in **1.9 miles** before leaving the river for Southwark Cathedral (**0.1 mile**) and The George inn (**0.1 mile**). Then it is over London Bridge for the London Mithraeum and St Stephen Walbrook (**0.8 mile**) before heading downriver on the north bank, and the Thames Path, via St Magnus Martyr church (**0.4 mile**) to the Tower of London, reached after a further **0.4 mile**.

Tower of London to Tyburn Convent

6.2 miles (10km)

- **Time** 2hrs 15mins actual walking time
- **Total ascent** negligible
- **Map** OS Explorer 173 London North

From the Tower of London the route follows the line of the old Roman city wall, going via St Botolph Aldgate (**0.5 mile**), St Botolph Bishopsgate (**0.3 mile**) and St Botolph Aldersgate (**0.7 mile**) to reach St Paul's Cathedral after a further **0.4 mile**. From here the route continues east via St Bartholomew the Great church, at Spitalfields (**0.4 mile**), and the Charterhouse (**0.2 mile**) to St Giles-in-the-Fields (**1.6 miles**) and St James Spanish Place (**1.2 miles**) to the site of the Tyburn Tree Gallows and the present-day Tyburn Convent, reached in a further **0.9 mile**.

Day walk options

- The entire route can be completed in a day, provided you don't spend too long at each pilgrim point along the way.
- **One-day itinerary** Westminster Underground station (District & Circle line) is nearest to the start and Marble Arch (Central line) to the end.
 - **Two-day itinerary** Use the London Underground network to access any point along the walk. The Underground station nearest to the mid-point at the Tower of London is Tower Hill (District & Circle line).

Where to eat or stay along the way

- **South Bank** Have **brunch** at one of the many Thames-side food trucks at the **South Bank Centre** (southbankcentre.co.uk/visit/cafes-restaurants-bars/scfood-market; Fri noon-8pm, Sat 11am-8pm, Sun noon-6pm).
- **Borough High St** Pause for a **drink** at **The George** (☎ 0207-407 2056, 11am-midnight, 75-77 Borough High St, SE1 1NH), a galleried inn that is as close as you can get to the one Chaucer's Canterbury pilgrims used.
- **Bedford Place** Stay at **The Penn Club** (☎ 0207-636 4718, pennclub.co.uk, 21-23 Bedford Place WC1B 5JJ), a central-London Quaker-run club open to non-members for B&B.
- **St Giles High St** Eat **lunch** at **The Angel** (☎ 0207-240 2876, noon-10pm, 61 St Giles High St, WC2H 8LE), the pub where the condemned en route to the gallows at Tyburn were given a final drink.

PILGRIMAGE HIGHLIGHTS

- Set off on the right foot with a service at **Westminster Abbey** (westminster-abbey.org to check service times or book tickets to visit).
- Visit the **Tower of London** (hrp.org.uk/tower-of-london; 10am-6pm, EC3N 4AB) to see the holy marks cut into the walls by those about to be martyred, and the burial place of two murdered saints, two queens and Thomas Cromwell.
- Follow **St Botolph**, the patron saint of travellers, via three dedicated churches, and through a quiet Sunday-morning city.
- Take in a Sunday **service** or **recital** at **St Paul's Cathedral** (stpauls.co.uk, EC4M 8AD, see website for service times) and see the **Martyrs** video installation, or take a tour (Mon-Sat, check website for details), including climbing to the **Whispering Gallery**, or way up to the roof for a spectacular view.
- End your pilgrimage at the Shrine of the Martyrs at **Tyburn Convent** (tyburnconvent.org.uk/martyrs-shrine; guided tours usually 3.30pm but check in advance, 8-9 Hyde Park Pl) where public monastic afternoons are held on the first Sunday of the month.

*Saints' feast days: St Edward the Confessor, 13 October. Westminster Abbey celebrates Edwardtide on the Saturday closest to this date.
St Botolph, 17 June in England, 25 June in Scotland.*

		Walk 10: London, Westminster Abbey to Tyburn
Distance from start	Distance from last direction	Direction
0	0	From Westminster Abbey, cross Parliament Square and take Westminster Bridge over the Thames.
660yds/600m	660yds/600m	Turn left on the far bank of the Thames and walk downstream. This is the Thames Path, but it is unlikely you will need its signs with acorn logo, as the route is very straightforward.
1.9miles/3.1km	1.4miles/2.5km	The remains of the Bishop of Winchester's Palace are on your right, just after you pass beneath the bridge taking the railway to Cannon Street station. Just after the palace, turn right into Stoney St, (leaving the route of the Thames Path at this point) then left into Winchester Walk, towards Southwark Cathedral.
2miles/3.3km	220yds/200m	Arrive at Southwark Cathedral. To continue, turn left out of the cathedral and take Cathedral St, which becomes Bedale St, and walk through Borough Market to Borough High St, where you cross over and turn right.
2.2miles/3.5km	330yds/300m	Reach The George. To continue, turn right out of The George, and walk north over London Bridge up to Cannon St junction.
2.7miles/4.3km	880yds/800m	Turn left on Cannon St.
2.8miles/4.6km	330yds/300m	Turn right into Walbrook for London Mithraeum and St Stephen Walbrook. To continue, retrace your steps down Walbrook and along Cannon St, turn right towards London Bridge, then turn left into Monument St.
3.2miles/5.2km	660yds/600m	Arrive at the Monument to the Great Fire. To continue, walk south on Fish St Hill to Lower Thames St. Cross over to reach St Magnus Martyr.
3.3miles/5.3km	110yds/100m	Arrive at St Magnus Martyr. To continue, turn right out of St Magnus Martyr, then right again to reach the riverbank. This is the Thames Path, which you follow to the Tower of London.
3.7miles/6km	770yds/700m	Arrive at the Tower of London. If you are covering this walk over two days, this is the suggested point at which the first day's walk ends.

		To continue, beginning at the entry point to the Tower of London, walk away from the river to Tower Hill, then turn right and cross over looking out for a road called The Minories.
3.9miles/6.3km	330yds/300m	Turn left into The Minories, walking down this road to its junction with Fenchurch St. Cross over to St Botolph Aldgate, which is straight ahead of you.
4.2miles/6.8km	550yds/500m	Arrive at St Botolph Aldgate. To continue, turn right out of the church and immediately right again to cross the park alongside it, then take Duke's Place which becomes Wormwood St and walk down it to its junction with Bishopsgate. Cross diagonally right to reach St Botolph Bishopsgate.
4.5miles/7.3km	550yds/500m	Arrive at St Botolph Bishopsgate. To continue, turn right out of the church and right again to continue along Wormwood St, which becomes London Wall, until you reach the Rotunda around the Museum of London.
5.2miles/8.4km	0.7mile/1.1km	Turn left into Aldersgate St and cross over to arrive at St Botolph Aldersgate. Postman's Park is adjacent to the church. To continue, turn right out of the church or park and continue down Aldersgate St to its junction with Cheapside. You will glimpse St Paul's ahead of you. Cross diagonally right, passing to the right of the entrance to St Paul's tube station and take Panyer Alley to the cathedral, turning right at the end of Panyer Alley for the entrance.
5.6miles/9km	660yds/600m	Arrive at St Paul's Cathedral. To continue, return to the north side of the cathedral and turn left into Queen's Head Passage.
5.7miles/9.2km	220yds/200m	At the end of Queen's head Passage, cross Newgate St and continue along King Edward St.
5.9miles/9.5km	330yds/300m	Turn left into Little Britain, which leads to West Smithfield. St Bartholomew the Great is just to your right as you enter West Smithfield.
6miles/9.7km	220yds/200m	Arrive at St Bartholomew the Great. To continue, turn right out of St Bartholomew the Great and go straight on to take Grand Ave through the Smithfield market building. On the far side of the market building, turn right into Charterhouse St and cross over, then bear left to stay on Charterhouse St towards The Charterhouse.
6.2miles/10km	330yds/300m	Arrive at The Charterhouse.

		To continue, retrace your steps through Smithfield Market then, on the other side, pass Little Britain, then take the next turning left, Giltspur St, to High Holborn.
6.6miles/10.7km	770yds/700m	Arrive at St Sepulchre's. To continue, turn right out of the church onto High Holborn and walk west, passing Chancery Lane and Holborn tube stations, and bearing slight left to stay on High Holborn where New Oxford St bears off to the right. After the junction with Shaftesbury Avenue, continue straight ahead as it becomes St Giles High St.
7.8miles/12.6km	1.2miles/1.9km	Arrive at The Angel pub and St Giles-in-the-Fields church, both on the left. To continue, turn left just out of the church and cross over walk, proceeding diagonally left through the pedestrianised area beneath the Centrepont tower to reach Oxford St and turn left.
7.9miles/12.8km	220yds/200m	Turn left into Oxford St, crossing its junction with Tottenham Court Rd.
8.2miles/13.2km	440yds/400m	Turn right into Wells St and continue on past its junction with Eastcastle St and Margaret St.
8.4miles/13.5km	330yds/300m	Turn left into Mortimer St, passing Cavendish Square Gardens, when it becomes Wigmore St.
8.9miles/14.3km	880yds/800m	Turn right into Marylebone Lane. Then left into Hinde St, then right into Thayer St and left into George St.
9.1miles/14.6km	330yds/300m	Arrive at St James', Spanish Place. To continue, turn right out of St James and walk along George St as far as Baker St.
9.2miles/14.9km	330yds/300m	Turn left into Baker St and continue past Portman Sq.
9.4miles/15.1km	220yds/200m	Turn right to continue skirting Portman Sq and on into Seymour St, to the junction with Edgware Rd.
9.7miles/15.6km	550yds/500m	Turn left onto Edgware Rd and walk to its junction with Bayswater Rd.
9.8miles/15.7km	110yds/100m	Arrive at the Tyburn Tree memorial plaque site, which is on the small triangular traffic island at the junction of Edgware Rd and Bayswater Rd. To continue, turn right along Bayswater Rd.
9.9miles/16km	330yds/300m	Arrive at Tyburn Convent.